

October 2, 2018

Dear Trinity Senior High Parents and Youth:

My friends, the summer is over, school has launched, and *it's time to come back to church!*

This Sunday, October 7 from 9:15 - 10:00 am parents are invited to meet in my office (even if it's a bit cozy in there, we'll have a great time) to launch this year's senior high youth program. We'll introduce ourselves, talk about the year ahead, and get a sense for your priorities for your young people this year. I will facilitate the meeting. I will provide high quality coffee as an inducement.

Please save me a phone call and let me know that you can attend: devon@trinityexcelsior.org or text me: 612-655-0314.

This summer Trinity hired Laura Brubaker to lead our Middle School Youth Ministries program at Trinity. The plan is for Laura to expand her job to include senior high youth ministries beginning fall 2019. So, we have one year to plan and build the foundation for senior high from which Laura will launch her program next year. We will be looking at the "Journey to Adulthood" curriculum (which is a dorky name, but a truly fantastic program) in addition to a Peer Ministry curriculum as substance from which to build a foundation. We'll also talk about your desired frequency of senior high youth group, both what you want, and what your young people is able/willing to attend.

Finally, we have a very special event coming up, sponsored by Trinity's Mental Health Initiative (see flip side of this letter). We will be hosting six authors who write fiction with mental health themes for young adults. I read three of the authors this summer, two of whom are National Book Award winners, and the books were excellent and compelling! It is my hope that Trinity senior high youth will assist me and the Mental Health Initiative in hosting this event (participate, be on hand to welcome people, stay for the pizza dinner with the authors afterwards). I can't wait! It's going to be a very cool event.

Finally, I will be joined this year by Andre Caron, Kate Kennedy, and Sarah Allcock as adult leaders. Sarah will make a few "cameo appearances" this year to get to know the youth as she finishes her graduate degree. Sarah led the "Journey to Adulthood" program in her previous church.

Please mark your calendars for these upcoming offerings:

Senior High Youth Group (!)

- Sunday, October 7 6:00 - 8:00 pm
- Sunday, October 14 6:00 - 8:00 pm
- Sunday, October 28 6:00 - 8:00 pm

Dinner provided, there is no youth group October 21 due to MEA weekend

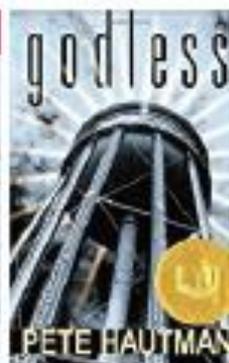
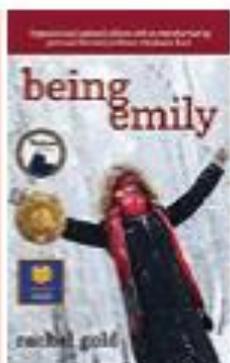
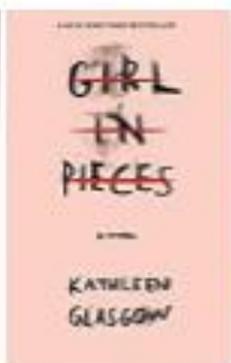
Author Event: Sunday, November 4 at 4:00 pm, *see flip side of this letter*

I'm anxious to reconnect and get the program year started! We have a terrific line-up of 20 eligible senior high youth and I hope each one will participate in part, some, or all of Trinity's offerings this year. Church can be the perfect counterweight to the pressures of school, academics, relationships, and all-out busy-ness. Refresh. Renew. Recharge with the senior high youth group!

Onward!

The Rev. Devon Anderson





Get a Grip!

Minding Your Mind in Teen Literature

Sunday, November 4 at 3pm

Mental health is more than mental illness. Mental health is important to everyone. It's finding constructive ways to deal with events like death, divorce, break-ups, lack of sleep, pressure, anxiety, depression, and substance abuse. Explore these ideas with six young adult authors. Pizza dinner with teens and the authors follows the event!

Featuring award-winning authors: Swati Avasthi, Peter Bognanni, Shannon Gibney, Kathleen Glasgow, Rachel Gold, and Pete Hautman

This event is free and open to readers of all ages.
Excelsior Bay Books will be on site selling copies of the novels.



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