

IT BEGAN IN THE WILDERNESS

God's gift of the Sabbath was given to the Hebrews in the wilderness. They had safely escaped from their bondage as slaves to Pharaoh. They passed through the parted waters of the Red Sea. Now, their task was to discover how to live quite a different life from what they had known. Now life was in a wilderness. How could they be a people? Have food and water? How could they learn to trust God, this voice from a burning bush, this voice who called them from Egypt? To these questions and wonderings, one answer God gave was the sabbath. This Advent Adult Forum sessions will focus on this gift of sabbath to us, as Christians, in our time of wilderness.

Advent I Intergenerational Workshop for Children, Teens and Adults

On this first day of Advent and beginning of the Christian year, join us in exploring how and why Sabbath is vital today, while (optional) preparing Advent wreaths for the home.

Facilitator: Amy McGrew

Advent II The Story Behind It

On this Sunday, the biblical story in Exodus 16 will help us understand the beginning of the sabbath and find our place in it.

Facilitator: Anne Miner-Pearson

Advent III Trust at the Core

Drawing on material from *The Wisdom Pattern* by Richard Rohr, we will explore how through the story of manna and cosmic patterns of life, God calls us to trust that we and our world, now and forever, exist in God's faithful Love,

Facilitator: Anne Miner-Pearson

Advent IV Intergenerational Workshop for Children, Teens and Adults

Choose your own adventure from the options provided to experiment together with tangible, hands-on ways of practicing Sabbath.

Facilitators: Anne Miner-Pearson and Amy McGrew