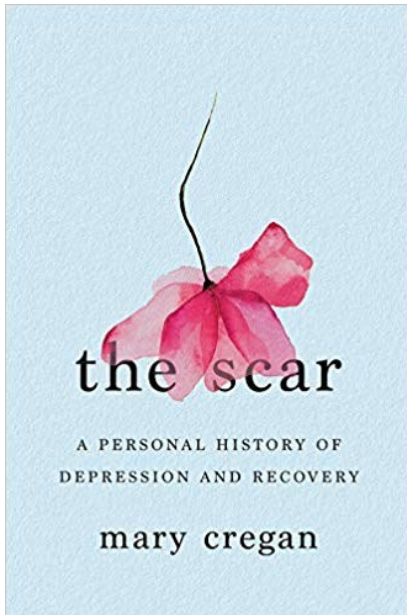


# MENTAL HEALTH AUTHOR SERIES



## *The Scar:* *A Personal History of Depression and Recovery* with author Mary Cregan

The Basilica of Saint Mary  
Thursday, September 12  
7:00pm

Teresa of Calcutta Hall  
Lower Level

Perceptive, intimate, and elegantly written, *The Scar* vividly depicts the pain and ongoing stigma of clinical depression, giving greater insight into its management and offering hope for those who are suffering.

“An Instant Classic” – NPR

Perfect for Book Clubs



Mary Cregan  
*The Scar*

A graceful and penetrating memoir interweaving the author’s descent into depression with a medical and cultural history of the illness.

*Free event is co-sponsored by*

The Basilica of Saint Mary Mental Health Ministry  
Trinity Episcopal Church Mental Health Initiative  
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Books available for sale and *signing at the event.*  
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